



Vatan
Healthcare

40+ Years of
experience

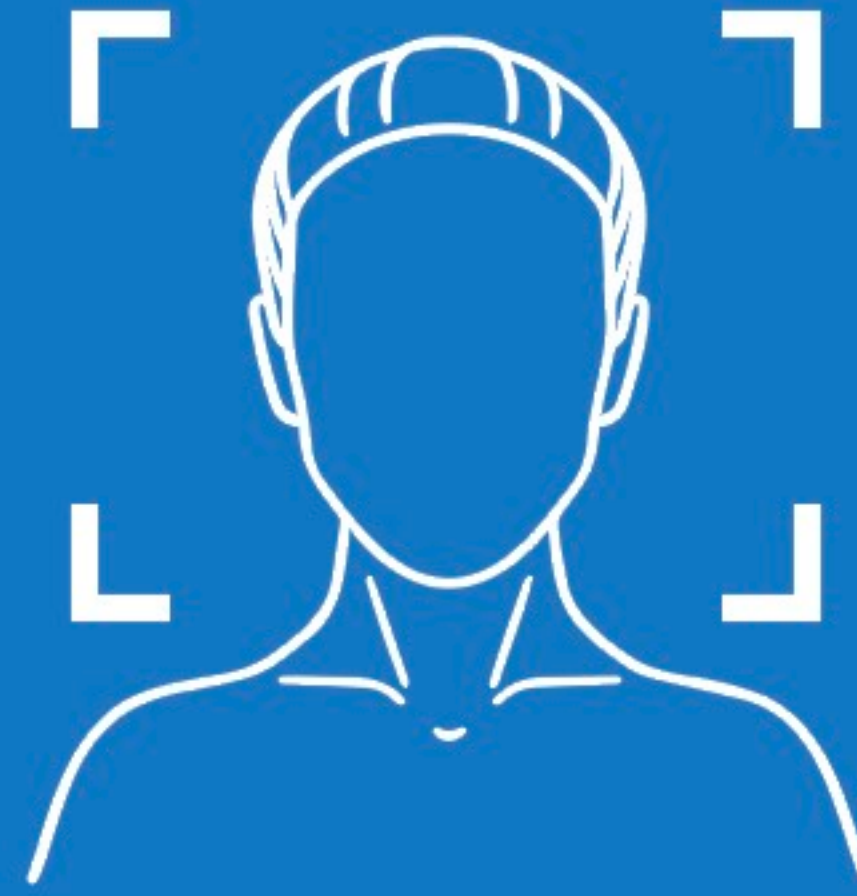


**Pre-surgery
photo instruction**

for women



FACE PHOTOS



Front



Sideway

- Take photos in natural daylight or bright, even lighting
- Make sure the image is clear and not blurry
- Provide both front and side profile views
- Avoid makeup if possible
- Use a clean, neutral background

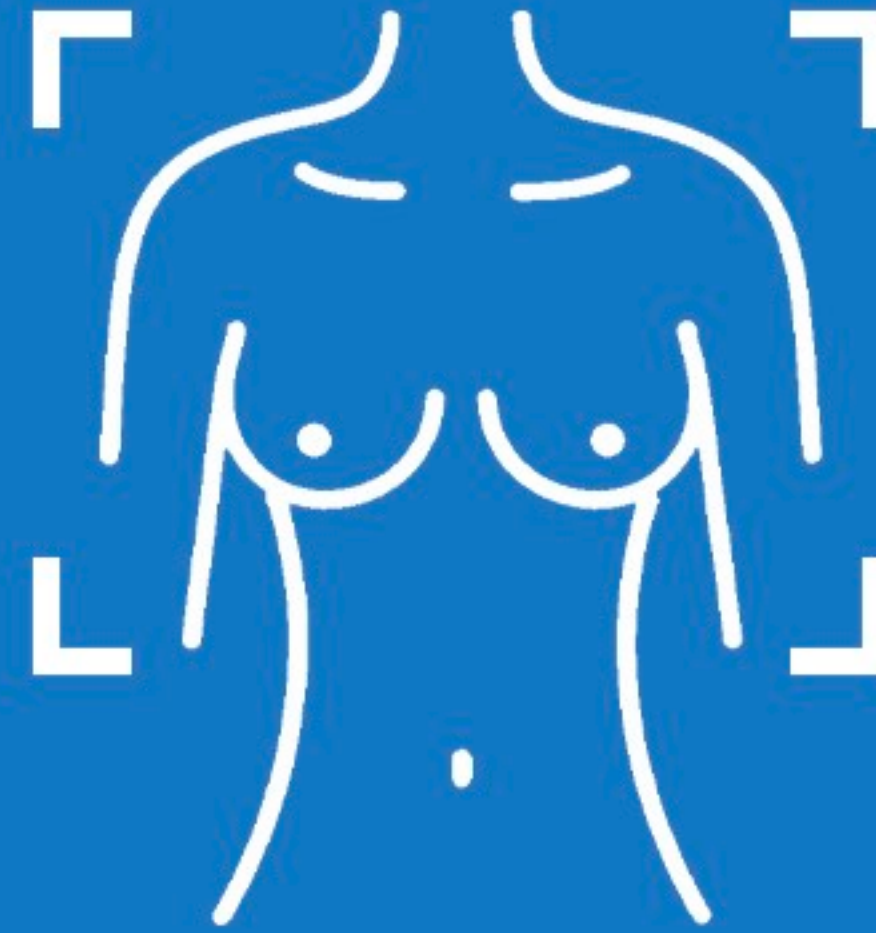


Front



Sideway

BREAST PHOTOS

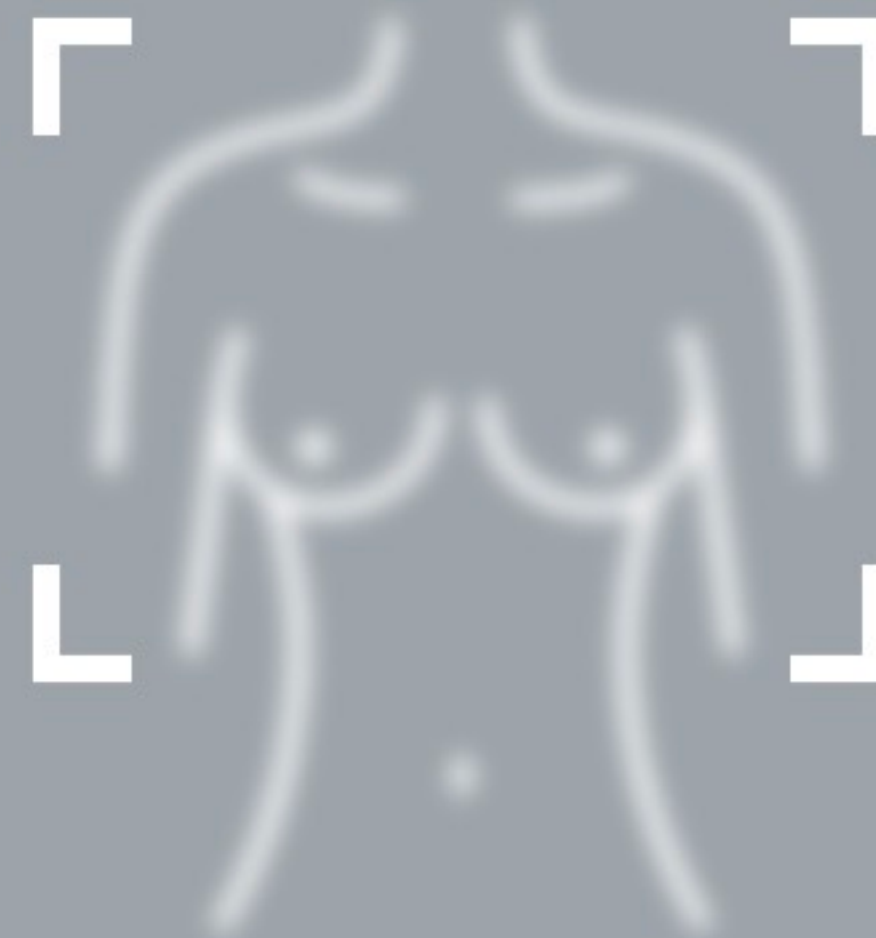


Front

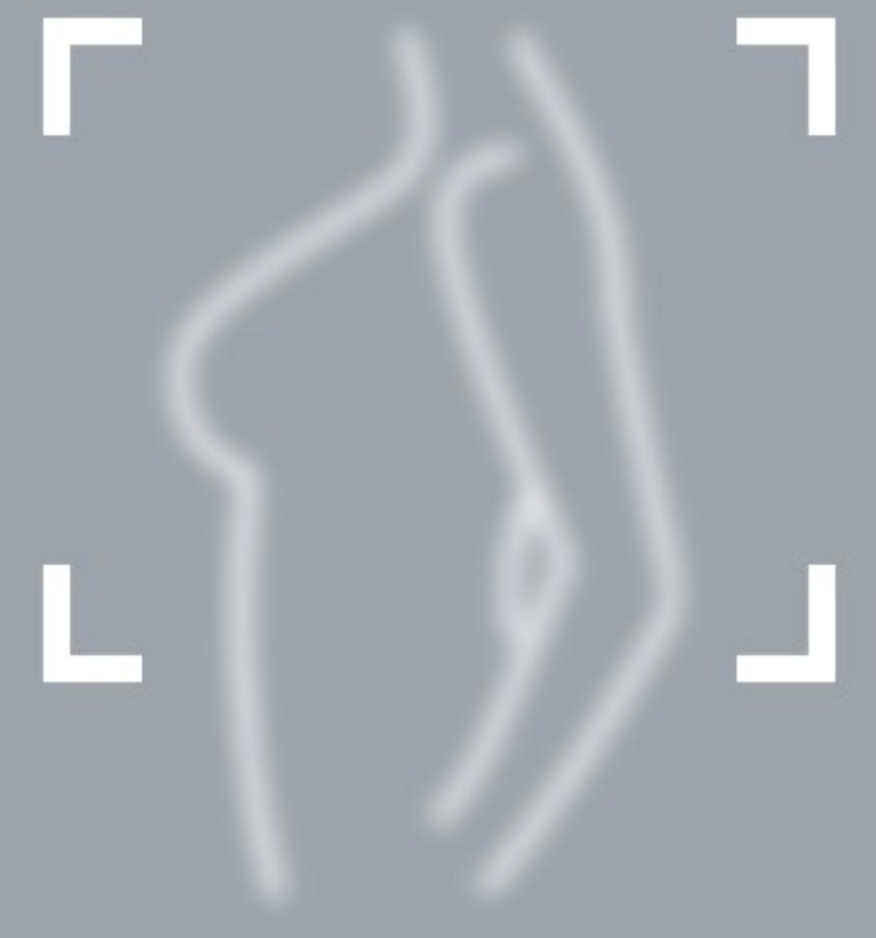


Sideway

- Take photos from the front and side angles
- Stand upright with a relaxed, natural posture
- Ensure the chest area is evenly lit
- Photos should be sharp and high quality
- Use a plain background

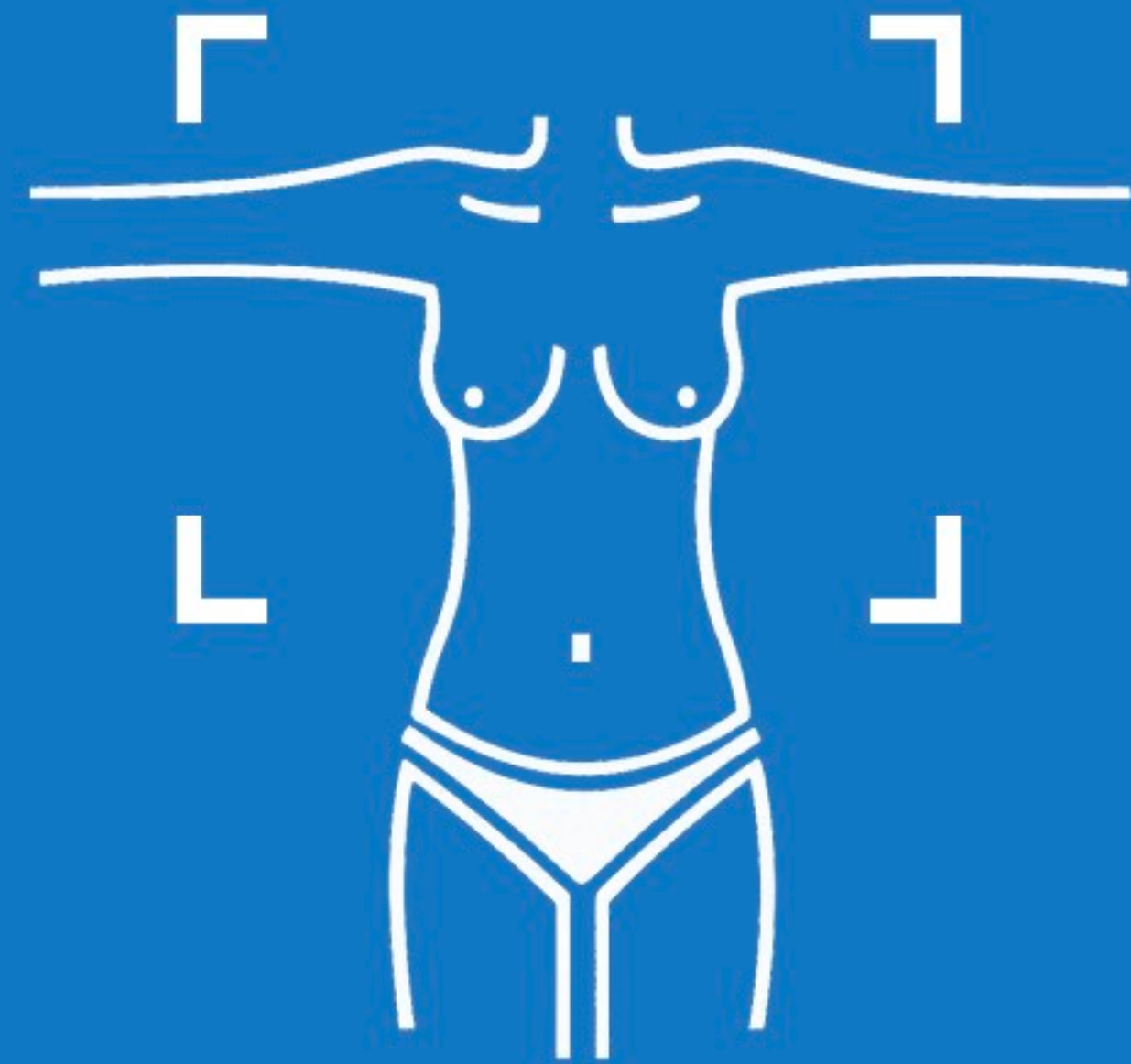


Front

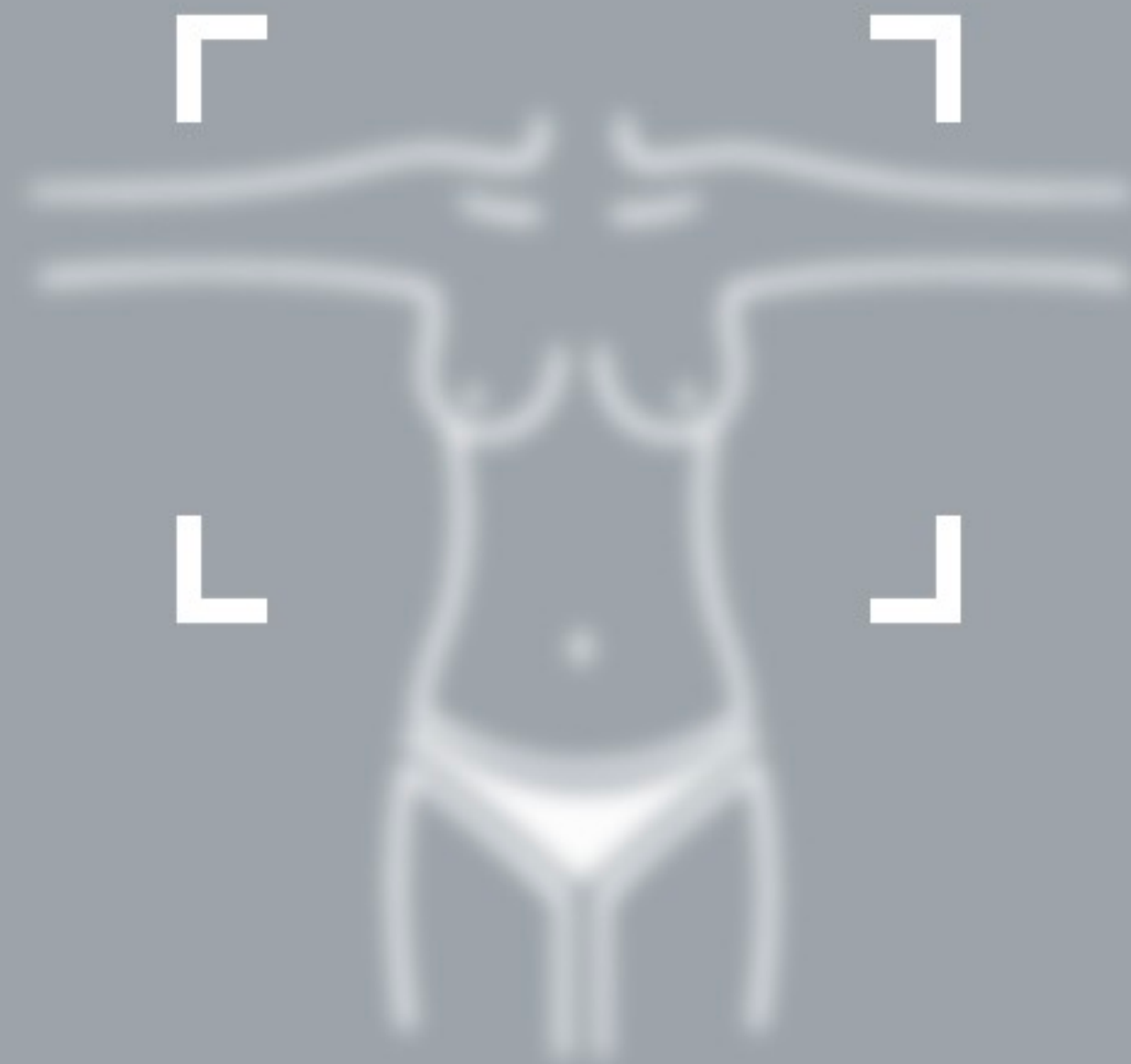


Sideway

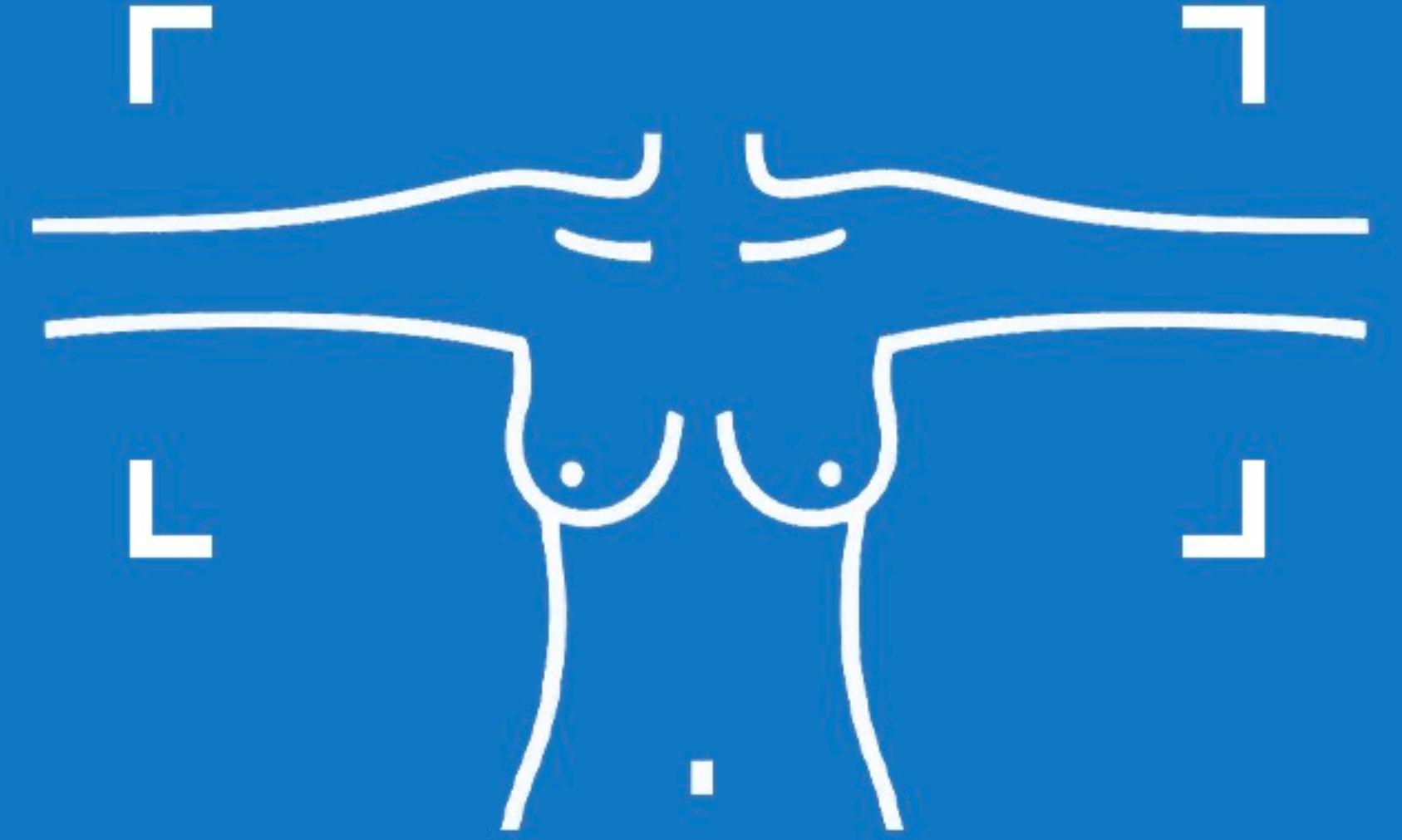
ARM AND BELLY PHOTOS



- Keep arms slightly extended away from the body
- The abdomen should be fully visible
- Take the photo from the front
- Use balanced lighting without shadows
- If using a mirror, ensure proper framing



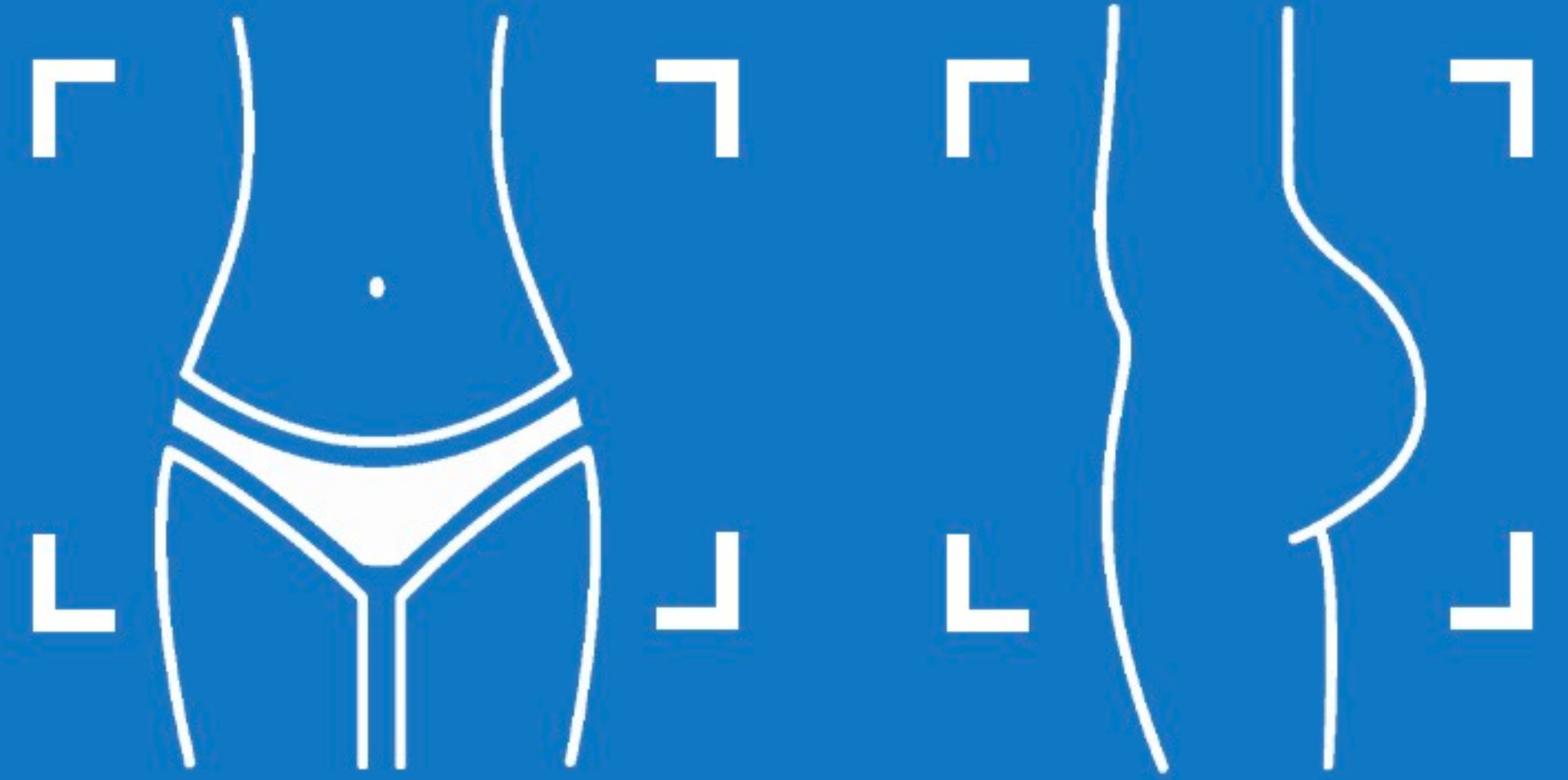
ARM PHOTOS



- Extend arms outward from the body
- Maintain a natural, upright posture
- Image should be taken in a single clear frame
- Avoid visual clutter in the background
- Lighting should not create shadows



BELLY PHOTOS



Front

Sideway

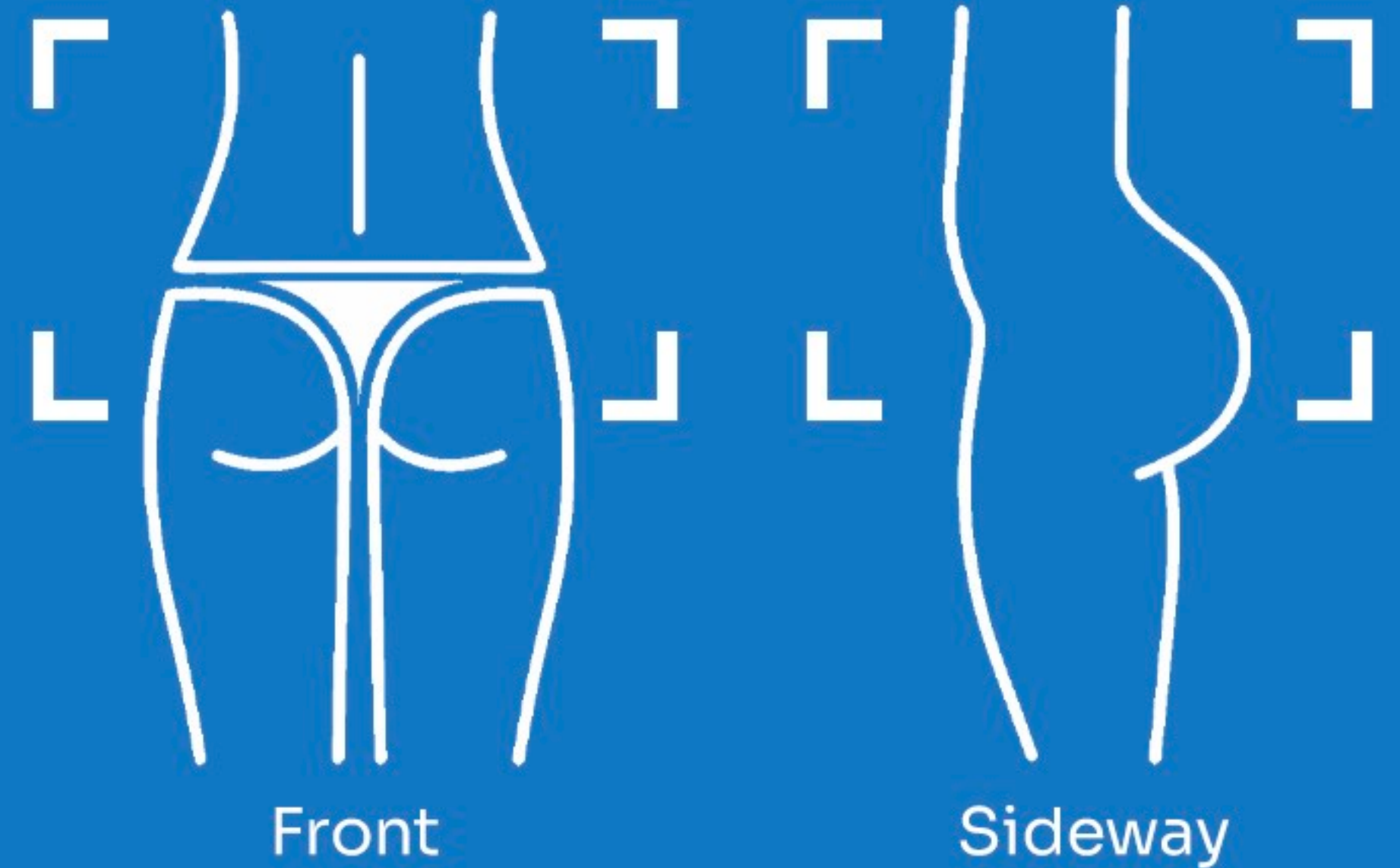
- Take both front and side profile photos
- Stand naturally without tensing the abdomen
- Ensure good lighting across the abdominal area
- Photos must be clear and in focus
- Use a simple, neutral background



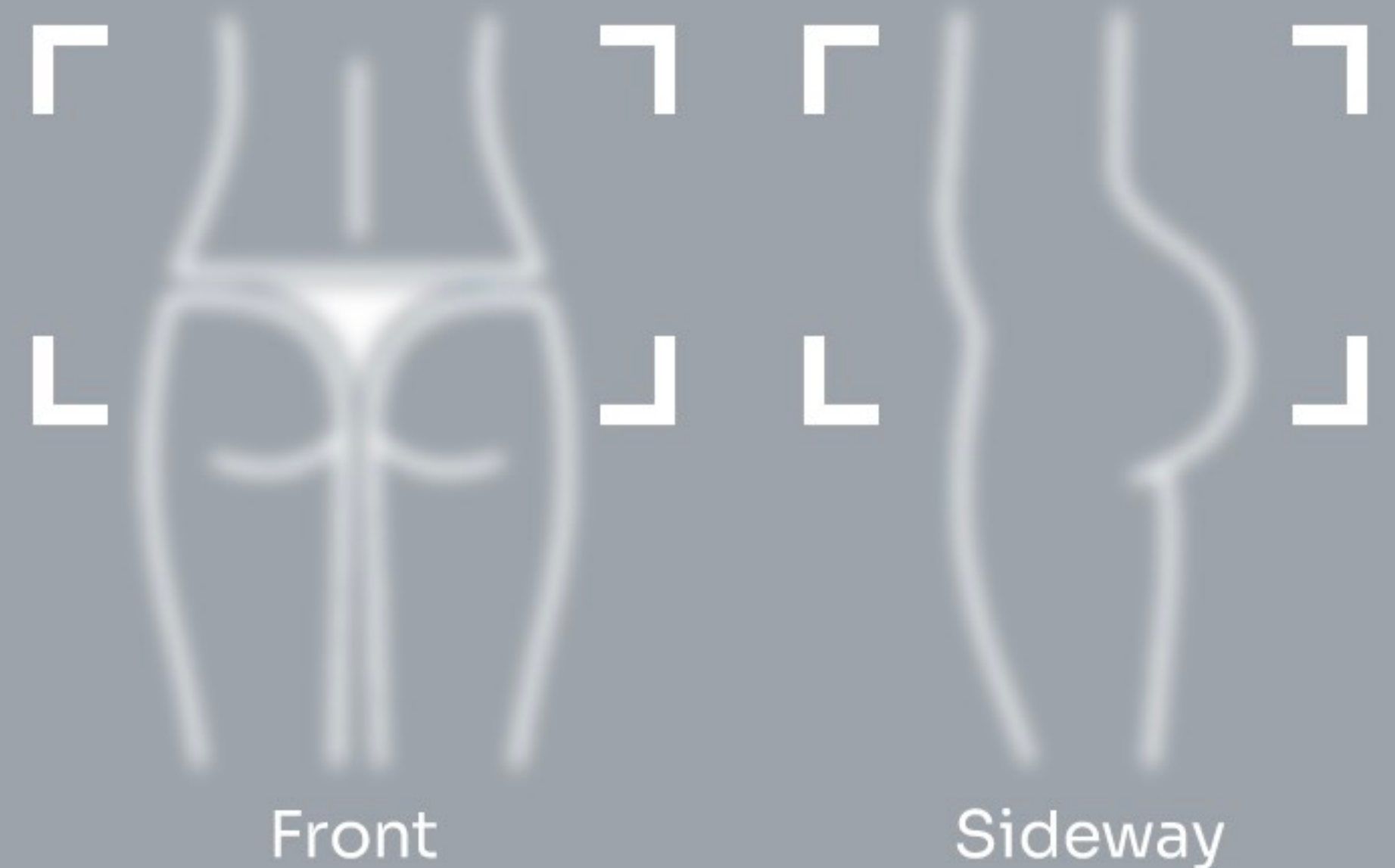
Front

Sideway

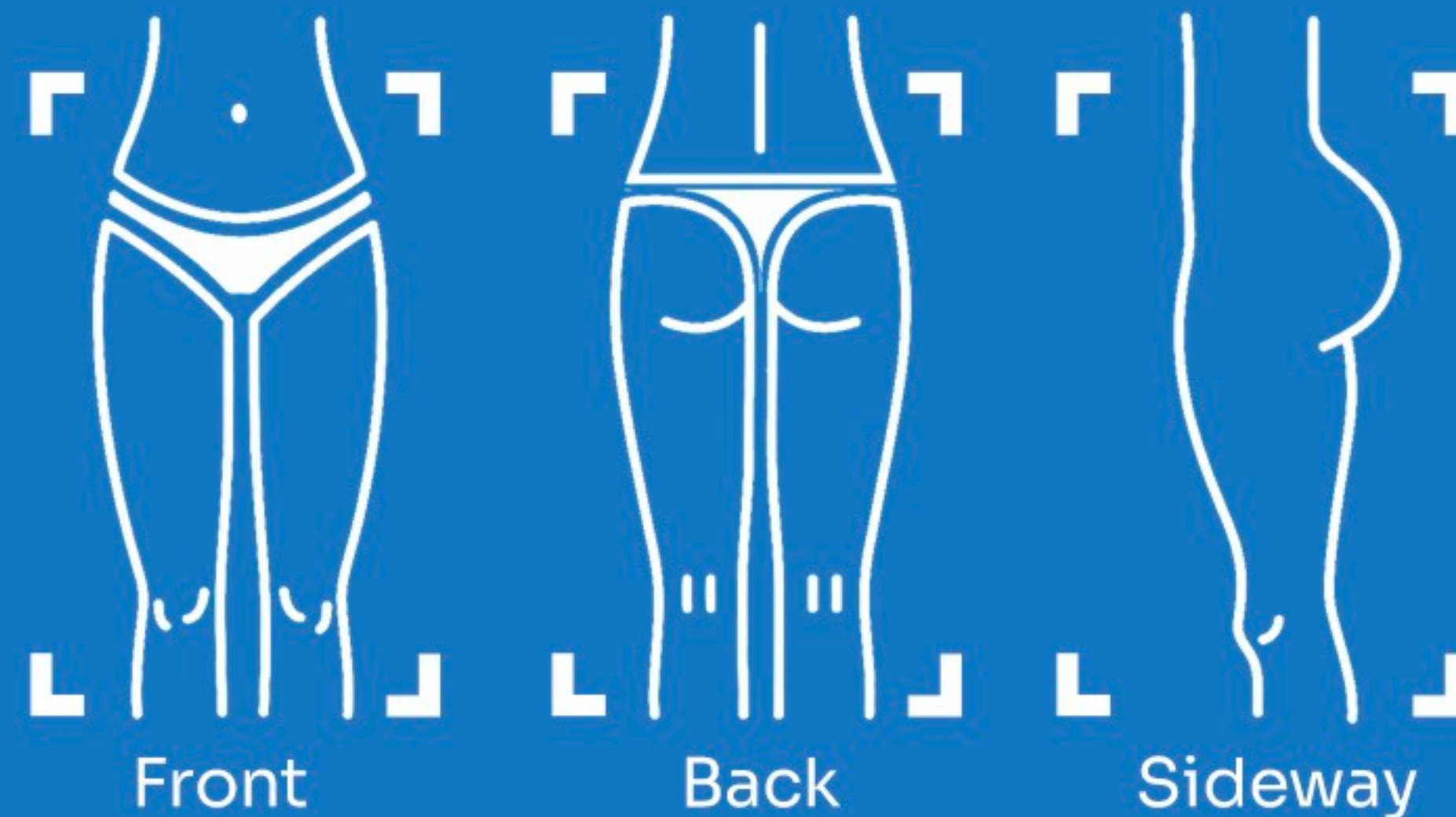
BACK PHOTOS



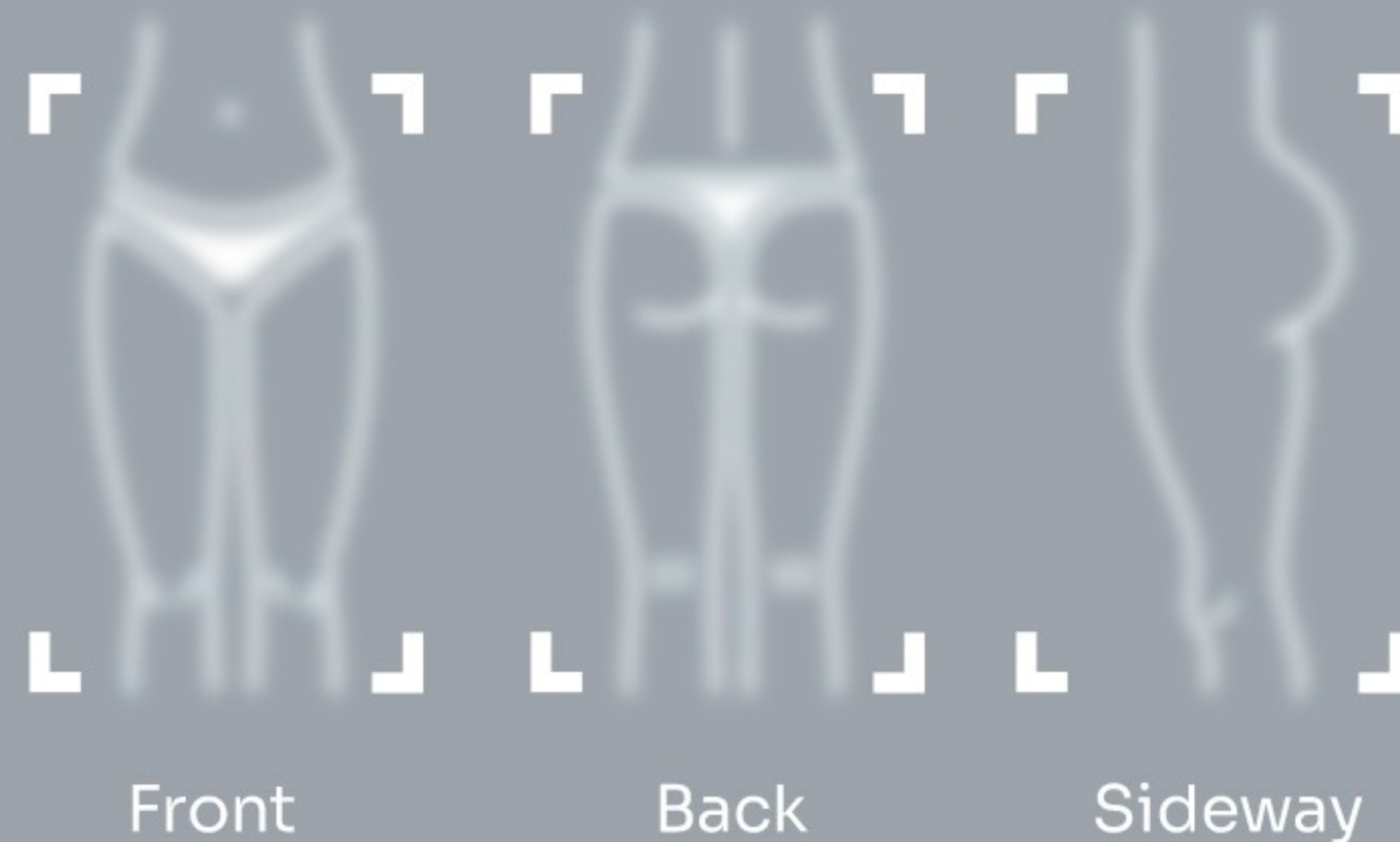
- Take photos from the back and side views
- Keep a straight, relaxed posture
- The full body should be visible in the frame
- Proper lighting is essential
- Background should be plain and distraction-free



THIGHS AND BUTT PHOTOS



- Take photos from the front, back, and side
- Stand with feet shoulder-width apart
- Maintain a natural and relaxed stance
- Ensure photos are well-lit and clear
- Use a clean background





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Thank You for Choosing Us!



Trusted Healthcare for Your Medical Journey



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